

# fall menu



## sandwiches

### **Apple, Pecan, & Chèvre Sandwich \$6**

Sliced Alabama fall apples, pecans, and Belle Chèvre goat cheese on toasted Crestline Bagel Co. seeded bread.

### **PB, Honey, and Apple Sandwich \$5**

Sliced Alabama fall apples, honey, & homemade peanut butter on toasted Crestline Bagel Co. honey wheat bread.

### **BLT (with Benton's \$8.50, with Conecuh \$7.50)**

Your choice of smoky Benton's or smoky-sweet Conecuh bacon, Alabama tomatoes, Duke's mayo, and hydroponic lettuce on toasted Crestline Bagel Co. honey white bread with a dash of Dak's Green Zest.

### **Alabama Turkey Club \$10**

Sliced turkey from the famous Bates House of Turkey, Conecuh bacon, Alabama tomatoes & lettuce, Duke's mayo, Alecia's Tomato Chutney and Wright Dairy Red Hill Cheddar on toasted Crestline Bagel Co. honey wheat bread.

### **Franklin's Favorite \$4**

Belle Chèvre goat cheese and marinated Balsamic onions on toasted Crestline Bagel Co. seeded bread.

## smoothies

### **Smoothie of the Day \$4.50**

Fresh, seasonal local fruits and veggies blended with AtlantaFresh Greek yogurt.

## salads

### **Fall Salad \$7.50**

Owl's Hollow Farm salad mix with Nut Shop Alabama pecans, Belle Chèvre goat cheese, apple slices, croutons, and T. Lish Sweet Garlic Vinaigrette.

## soups

### **Butternut Squash: Tuesday-Thursday (Cup \$3.50, Bowl \$5)**

Alabama butternut squash with onions, organic heavy cream, and trio of fall spices. Served with a slice of fresh Magnolia Bakery bread.

### **Dixie Black Bean: Friday-Saturday (Cup \$4, Bowl \$6)**

Black bean soup with Alabama tomatoes and Conecuh sausage. Served with a slice of fresh Magnolia Bakery bread.

café hours 11-2 tue-sat, 12-2 sun

market hours 11-7 tue-sat, 12-6 sun

200 41st street south in avondale 205.983.6456 [freshfully.com/cafe](http://freshfully.com/cafe)



### side dishes

Apple slices with homemade peanut butter \$2  
Golden Flake potato chips \$.50  
Sweet Potato Salad \$1  
Side salad \$1

### desserts

High Road Ice Cream  
*cone or cup*  
single \$3.25 double \$6

### drinks

Cucumber mint water (free)  
Buffalo Rock ginger ale \$1  
Grapico \$1  
Red Diamond iced tea \$1  
Bottled water \$1  
Finer Grind coffee \$2  
Icebox iced coffee \$3  
Icebox iced latte \$3.25  
Teasy Tea Chai Iced Latte \$3  
Teasy Tea Pumpkin Latte \$3

### special offers

Plan lunch at the café for 10-20 people & receive a \$20 gift certificate to Freshfully Market  
Save 10% with your valid student ID  
Free area delivery for orders of \$25+  
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### contact info

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